



**DR. KAMINI D LAKHIANI**  
**ENDO-DIABETOLOGIST**  
**SADHANA PROACTIVE CLINIC**

Dr. Lakhiani is committed to upholding the oath of helping and alleviating the pain of her patients to the best of her abilities.



The ultimate source of satisfaction & motivation for me is witnessing my patients express their gratitude & experience improved health based on the care & advice we provide

## DR. KAMINI D LAKHIANI

TRANSFORMING LIVES THROUGH  
COMPREHENSIVE CARE BACKED BY  
TWO DECADES OF EXPERTISE

**D**espite being one of the youngest populations globally, India, unfortunately, bears the burden of a disheartening reality – a nation plagued by diabetes. More than 100 million individuals in our country suffer from diabetes, revealing a staggering increase of 44 percent in diabetic cases since 2019 as per the ICMR report.

An Endo-Diabetologist at Sadhana Proactive Clinic, Dr. Kamini D Lakhiani has emerged as a key figure in helping people battle this chronic disease with over two decades of experience in healthcare. She has won several awards as a testimony to her credibility like the Golden Aims Award for the Most Preferred Diabetologist in Mumbai in 2021, the Most Trusted Diabetologist in Mumbai in 2022 and the Three Best Rated award for being one of the Top Rated Diabetologists in Mumbai consecutively from the year 2008-2023.

In this exclusive interview with CEO Insights, Dr. Lakhiani shares her insights on her professional journey by shedding light on the healthcare industry in India.

### **Could you give a brief account of your professional background and experiences?**

With an enduring fascination for the medical field since childhood, I have relentlessly pursued my dream of becoming a doctor by obtaining my M.B.B.S. from Lokmanya Tilak Municipal Medical College in 1988, followed by a Diploma in Diabetology from Topiwala National Medical College in 2002.

For the past decade, I have also served as an Honorary Diabetologist at Ramakrishna Mission Charitable Hospital in Khar West. Prior to that, I gained valuable experience as an Ex-Honorary Diabetologist at S.L. Raheja Hospital